



Aliso and Wood Canyons Wilderness Park

DAY USE: 7:00 A.M. - SUNSET

1800s STAGEDACH ROBBER'S HIDEOUT AWAITS YOU • HIKE WHERE DOLPHINS, WHALES AND OTHER SEA CREATURES ONCE LIVED

WILDERNESS PARK

Laguna Coast Wilderness Park



Legend:

- Park Office
- Restroom
- Parking
- Water
- Water Tank
- Bird Watching
- Marine Fossils
- Scenic Overlook
- Picnic Area
- Public Access Gate
- Emergency Access Gate
- Multi-use Trail
- Hiking Trail
- Creek
- Public Street
- Park Vehicle Road
- Easy Trail
- Moderate Trail
- Difficult Trail

Trail Guide:

multi-use (dogs allowed) Aliso Creek Bike Trail: EASY 3 Miles	multi-use 5 Oaks Trail: DIFFICULT .75 Miles
multi-use Aliso Creek Trail: EASY 1.5 Miles	multi-use Lynx Trail: DIFFICULT 0.5 Miles
multi-use (dogs allowed) Aliso Creek Trail East: EASY 3 Miles	multi-use Mathis Canyon Tr: DIFFICULT 1.5 Miles
multi-use (dogs allowed) Aliso Peak Trail: EASY 0.5 Miles	multi-use Meadows Trail: DIFFICULT 1.5 Miles
multi-use (dogs allowed) Aliso Summit Trail: EASY 2 Miles	multi-use Mentally Sensitive Tr: DIFFICULT .75 Miles
multi-use Alwut Overlook: EASY .25 Miles	multi-use (dogs allowed) Nature Loop Trail: EASY 0.5 Miles
multi-use (dogs allowed) Aswut Trail: EASY .75 Miles	multi-use Oak Grove Trail: EASY .25 Miles
multi-use Canyon Acres Trail: DIFFICULT 1 Mile	multi-use Pecten Reef Loop Trail: EASY .5 Miles
hiking only Cave Rock: EASY .35 Miles	multi-use Rock-it Trail: DIFFICULT 1.25 Miles
multi-use Car Wreck Trail: DIFFICULT .75 Miles	hiking only (dogs allowed) Toovet Trail: EASY .25 Miles
multi-use Cholla Trail: MODERATE .5 Miles	multi-use (dogs allowed) Valido Trail: DIFFICULT .5 Miles
multi-use Coyote Run Trail: EASY 1.25 Miles	multi-use West Ridge Trail: EASY 2 Miles
hiking and biking Dripping Cave Trail: EASY .75 Miles	multi-use (dogs allowed) Wood Canyon Trail: EASY 3 Miles
multi-use Hunwut Trail: EASY .25 Miles	hiking only Wood Creek Trail: EASY .5 Miles

**Staging Area/
Vehicle Parking**

High Points:

Some of the best views in the park can be had from the following locations:

- Aliso Peak: 683'
- Along the Aliso Summit Trail: 800'
- Top of Meadows Trail: 817'
- Top of Moulton Peak: 890'
- "Top of the World" at the end of Mathis Canyon Trail: 1036'

Aliso and Wood Canyons Wilderness Park is a wilderness area, and there are certain inherent dangers, which may include mountain lions, rattlesnakes, poisonous insects and plants, extreme weather and rugged terrain. Have fun, but stay alert. Your safety cannot be guaranteed

Vicinity Map

ALISO AND WOOD CANYONS WILDERNESS PARK



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