

Important things to know if you are a pregnant or parenting youth:

- Participating in services that provide education, support and mentoring greatly increases the chances you will succeed in life.
- If you graduate from high school, your baby will most likely go to college.
- Some high schools offer free daycare on site.
- Breastfeeding your baby burns more than 1,000 calories per day.
- Birth control methods can prevent pregnancy with 98% certainty, when used as directed.



Health Care Agency
Behavioral Health Services
Prevention & Intervention



Youth As Parents is a County-operated program offered throughout Orange County for pregnant or parenting teens up to the age of 20.



Health Care Agency
Behavioral Health Services
Prevention & Intervention

Orange County Youth As Parents Program

1725 W. 17th St., Room 120M
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Phone: (714) 567-6230
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The Youth As Parents Program is designed to help pregnant and parenting teens and their children to prevent or lessen the impact of domestic violence, substance abuse, mental and emotional problems, involvement with Probation, and to identify any concerns in their children early in their development.

The program also provides education and support on parenting and child development, support towards educational and vocational progress, and aids in improving birth outcomes and in reducing the risk of unintended pregnancies.

The Youth As Parents Program provides the following:

- Comprehensive needs assessment
- On-going individualized case management
- Referral and linkage to appropriate services
- Parenting education and short-term, evidence-based interventions
- Peer mentoring
- Services are conducted at home, school or job site



How can you access services through the Youth As Parents Program?

If you are a teen who is pregnant or parenting, or you know of one, and you would like more information or to participate in the program, please call (714) 567-6230.