



# Training & Continuing Education Bulletin

Orange County Health Care Agency Behavioral Health Services

## Upcoming Trainings

April 2010

## Inside This Issue

Child and Adolescent Psychopharmacology

Establishing Culturally Sensitive Professional and Supportive Relationship with Iranian Clients

Trauma and Addictions: Seeking Safety

NAMI – Provider Education

QRTIPS

**To register for trainings, please e-mail  
[mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)**

**Include the following information in your registration:**

**Training Name**

**Training Date**

**Your Name**

**License Type & License Number**

*(Example: PSY1234, LCS1234, RN1234)*

**Division & Program Name**

*(Example: ADAS – West Drug Court)*

**Supervisor's Name**

### MHSA Training Website

**BHS Training Website:**

[http://ochealthinfo.com/  
behavioral/trainingactivities](http://ochealthinfo.com/behavioral/trainingactivities)

To register for all trainings  
please e-mail  
[mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

If you have any questions  
or concerns, please call  
(714) 667-5600.

**We do not accept phone registration unless indicated in the  
training description.**

***Please be sure you have received confirmation before  
attending training.***

**BHS MHSA  
Training Team**

**Casey Dorman, Ph. D.**  
Admin. Manager II  
Training Coordinator

**Dr. Clayton Chau**  
Associate Medical Director

**Zanetta Moloi**  
Program Supervisor

## Child and Adolescent Psychopharmacology

**Presenter:** George A. Pascarzi, M.D

**Date & Time:** March 08, 2010, 1:00 p.m. to 3:30 p.m.

**Location:** 744 N. Eckoff St, Orange CA 92686

**Previously Advertised Thursday, February 18, 2010**

### Description:

This workshop will focus on how to make an appropriate diagnosis with adolescents and children from a medical and psychiatric standpoint. The interface between diagnosis and medication for those diagnoses will be discussed with particular emphasis on differential diagnoses and contraindications for certain medications and different diagnostic groupings. Participants will learn what considerations an MD makes when evaluating, diagnosing and treating a minor and how these considerations affect the MD's decision on whether or not to recommend treatment with psychotropic medication as well as which psychotropic medication to recommend.

### Objectives:

At the end of the training session, the participants will gain more understanding of:

- Issues a MD considers in evaluating, diagnosing and treating a minor with psychotropic medication
- How the above issue affects the decision to prescribe medication
- How the above two issues affect the choice of which psychotropic medication to utilize

[2.5 Continuing education credits have been approved for Psychologists, LCSWs, and MFTs and RNs.](#)

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 2.5 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

**Contact MHSA's Training Staff**  
Main Line: (714) 667-5600  
Fax: (714) 667-5612  
[mtrainingprogram@ochca.com](mailto:mtrainingprogram@ochca.com)

## Establishing Culturally Sensitive Professional and Supportive Relationship with Iranian Clients

**Presenter:** Faye Hezar, Psy.D.

**Date & Time:** March 16, 2010, 1:00 p.m. to 4:00 p.m.

**Location:** 600 W. Santa Ana Blvd. Suite 525, Santa Ana CA 92701

**Previously Advertised Thursday, February 18, 2010**

### Description:

Cultural competence is a set of academic and interpersonal skills that allow an individual to increase their understanding and appreciation of cultural differences and similarities within, among and between groups. This 3 hour training has been designed to assist clinicians in incorporation the cultural perspective into the course of treatment in order to facilitate mindful treatment that is both effective and culturally appropriate for the Iranian American Clients.

### About the presenter:

Faye (Fariba) Hezar was born in Iran and graduated from high school in Iran prior to moving to the United States in 1978. She holds a doctorate in clinical psychology from American Behavioral Institute. Ms. Hezar completed her internship at the OMID Institute (a private practice facility in Irvine), IMCES Institute for multicultural counseling and educational services in Los Angeles and in various domestic violence shelters in Orange County. In addition, she is a certified instructor for parent-training classes for foster and adoptive parents. Dr. Hezar has been extremely active in both the Iranian and the American community. She is a founding board member of the Iranian Recovery Center, a non-profit organization, and has held positions as president, secretary and treasurer. Dr. Hezar is a member of the Iranian-American Psychological Association and the Orange County Psychological Association. She has organized and presented educational workshops on the topics of drug and alcohol addiction and prevention in Iranian community. In addition, Dr. Hezar has translated various informational materials from English to Farsi in order to educate and assist the Farsi speaking population in United States

### Objectives:

Participant can expect to:

- Become familiar and have an understanding of Iranian culture and traditions
- Learn basic fundamental skills on engaging, building trust, and establishing relationship with Iranian clients
- Apply treatment strategies that are relevant while culturally appropriate for this population

3 Continuing education credits have been approved for Psychologists, LCSWs, MFTs. and RNs.

The County of Orange Health Care Agency is an approved provider of continuing education credit for the California Board of Behavioral Science (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 3 contacts hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists.

## Trauma and Addictions Seeking Safety

**Presenter:** Jody Forter, LMFT

**Date & Time:** March 22, 2010, 1:00 p.m. – 3:00 p.m.

**Location:** 600 W Santa Ana Blvd., Ste. 525, Santa Ana, CA 92701

**Description:**

Seeking safety is an evidenced based practice for clients who have been traumatized and are substance abusers. It is a group model but can be used individually. In groups, the facilitator uses a primarily cognitive behavioral approach utilizing handout, written materials and homework assignments. It has been very useful and popular with female clients in particular. It primarily focused on how trauma and substance abuse can be interconnected and how they can reinforce each other in disabling clients. Self management by the clinician is very important. Its primary goals are to assist clients with affect regulation, helping them avoid unsafe behaviors and developing more effecting coping skills. Outside support, both professional and informal are also important.

**Objectives:**

At the end of the training session, the participants will gain more understanding of:

- How Substance abuse and trauma are interconnected
- Learn affect regulation techniques
- Learn techniques to help client's better cope

[2 Continuing education credits have been approved for Psychologist, LCSWs, MFTs and RNs](#)

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 2 contacts hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

## NAMI – Orange County

**Presenter:** Joyce Burland, Ph.D.

**Date & Time:** March 24 to May 26, 2010, 3:00 p.m. to 6:00 p.m.

**Location:** 12511 Brookhurst, Garden Grove, CA 92840

**Description:**

This FREE 10-week three hour training is taught by a mental health professional and offers mental health workers a rare personal view of the lived experience of mental illness.

**Objectives:**

Participant can expect to:

- Leads providers to a better understanding of this challenging human story, and prepares them to work collaboratively with consumers and families to foster recovery
- Distinguish between subjective and objective measures of recovery
- Distinguish between process and outcome measures of recovery.
- Understand how levels of risk, engagement, and skills and supports combine to form a client's rating on the Milestones of Recovery Scale.
- Reliably rate their clients on the Milestones of Recovery Scale.

**To register for the course please call: 714 -544-8488 or register on line at [www.namioc.org](http://www.namioc.org)**

30 Continuing education credits have been approved for Psychologists, LCSWs, MFTs. and RNs.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 30 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content

## QRTIPS

This section provides monthly critical reminders in relation to CYS documentation standards.

### TRAVEL-RELATED BILLING ISSUES:

**Two clinicians are ride-sharing to an appointment together and are consulting about the client's case during their time in transit. Is this billable to MediCal and, if so, what is the correct way to bill this service time?**

Yes, this consultation time would constitute a billable service to MediCal. However, you must be sure not to bill for the travel time during which the consultation took place, as this would constitute double-billing for the same service. So, in the case where you spend 60 minutes en route in your vehicle and during that transit you are consulting for 15 minutes regarding the client's case, you would bill 15 Service Minutes of targeted Case Management and 45 Travel time minutes.

**A clinician transports their client from one location to another in their vehicle and provides interventions as needed in order to keep the client calm and safe during transit. Is this a billable service and, if so, what is the correct way to capture this billable service time? How is the travel time billed correctly?**

Yes, this too would be a targeted service reimbursed by MediCal, so long as you make clear in your documentation what interventions you provided and why (the rationale) it was necessary. You also need to make it clear in your documentation that you are only billing MediCal for the time you spent intervening and NOT time simply driving the client from one location to the other, as "transportation" of a client is never a billable service to MediCal. So, in the case where you spend 35 minutes en route with the client in your vehicle and during which you deliver 25 minutes of Individual Therapy, you would bill 25 Service Minutes of Individual Therapy (CPT 90804) and record the 10 minutes of non-billable transportation time in the box adjacent to Comp Com Svc MH – Non-Billable Travel (90899-113) on the MHP Encounter Document. No travel time would be billed to MediCal while transporting the client.

**\*\*NOTE:** Transporting patients occurs only in a few CYS programs, and prior to transporting a client the clinician should always check with their Service Chief or Program Director to ensure that this is appropriate for that program.

**In the two examples above, the services are taking place out in the community and not in a single specific location. However, clinicians are always required to include the address where a service was provided if the service is not conducted at the Clinic or a client's Home. In such cases, is the correct Encounter Type "Field" or "Site Visit?" Since either Encounter Type requires an address, what should be used as the corresponding address where the service was provided?**

In these examples, either "Field" or "Site Visit" is fine with MediCal and would be an appropriate Encounter Type. Yes, the address must also be included on the Encounter Document, and should be the street address of the provider's final destination.