

### **Training & Continuing Education Bulletin**

**Orange County Health Care Agency Behavioral Health Services** 

### **Upcoming Trainings**

#### March 2010

Child and Adolescent Psychopharmacology

Early Intervention & Recovery with First-Episode Psychosis

Application with Seeking Safety Model & Grounding Skills for Therapist

### **MHSA Training Website**

BHS Training Website: <a href="http://ochealthinfo.com/">http://ochealthinfo.com/</a> behavioral/trainingactivities

To register for all trainings please e-mail mtrainingprogram@ochca.com

If you have any questions or concerns, please call (714) 667-5600.

### **Inside This Issue**

Common Psychotropic Medications Part II & After Trauma Affects

Group & Multiple-Family Group Therapy in Client Context

**QRTIPS** 

### To register for trainings, please e-mail mtrainingprogram@ochca.com

Include the following information in your registration:

Training Name
Training Date
Your Name
License Type & License Number
(Example: PSY1234, LCS1234, RN1234)
Division & Program Name
(Example: ADAS – West Drug Court)
Supervisor's Name

We do not accept phone registration unless indicated in the training description.

Please be sure you have received confirmation before attending training.

### BHS MHSA Training Team

Casey Dorman, Ph. D. Admin. Manager II Training Coordinator

**Dr. Clayton Chau** Associate Medical Director

Zanetta Moloi Program Supervisor

## Common Psychotropic Medications Part II & After Trauma Affects

Presenter: Clayton Chau, M.D., Ph.D.

**Date & Time:** February 8, 2010 from 1:00 p.m - 4:00 p.m.

Location: 600 W. Santa Ana Blvd., Suite 525, Santa Ana, CA 92701

This workshop will address the different types of trauma and their life-long effects. Participants will be able to identify updated evidence based practices in pharmacotherapy and psychotherapy as well as other promising therapeutic modalities

### By the end of the training, participants will be able to:

- Identify key differences between simple vs. complex PTSD
- Identify important considerations in utilizing pharmacotherapy
- Identify up-coming promising therapeutic modalities

3 continuing education credits are available for Psychologists, LCSWs, MFTs, & RN's.

The County of Orange Health Care Agency is an approved provider of continuing education credits for the California Board of Behavioral Sciences (provider no. PCE389). Provider approved by the California Board of Registered Nursing, Provider No. CEP 15019 for 3 contact hours, and is approved by the American Psychological Association to sponsor continuing education for psychologists. The Orange County Health Care Agency maintains responsibility for this program and its content.

Contact MHSA's Training Staff Main Line: (714) 667-5600 Fax: (714) 667-5612 mtrainingprogram@ochca.com



# **Group & Multiple-Family Group Therapy in Client Context:**

Presenter: Clayton Chau, M.D., Ph.D.

**Date & Time:** Monday, February 22, 2010, 1:00 p.m. – 4:00 p.m. **Location:** 600 W. Santa Ana Blvd., Suite 525, Santa Ana, CA 92701

At the end of the training session, the participants will gain more understanding of:

- The Science of Schizophrenia, Bipolar
- The introduction of Family Psycho-Education model, Therapeutic Social Network, Structure of sessions
- Role of a Psycho-Education practitioner & Joining with families/clients
- Educating families in a single, multi-family & workshop format: group and multi-family approaches
- Initial Session of a Multiple-Family Group (MFG) and Problem-solving in MFG's

3 Continuing Education Credits are available for Psychologists, LCSWs, MFTs, and RNs.

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### **QRTIPS**

This section provides monthly critical reminders in relation to Children and Youth Services (CYS) documentation standards.

### Client Service Plan (CSP). Updates.

A six-month update or any update done to the CSP means it is a time to review the progress of treatment. It is a time to look at how your client is responding or not responding to the current interventions. It is a time to decide if you should continue with the current treatment or to make changes.

For instance, if the 6-month review is due on 9/1/09, and the CSP has two milestones (one dated for 7/09, the second one dated for 8/09), then the clinician must review the two milestones. If the milestones dated for 7/09 and 8/09 have not been met then the clinician <u>must document</u> in the "6-month review progress note" <u>why</u> each of these two milestones were not met. Maybe the client has missed several appointments? Maybe the frequency of sessions need to increase? Or maybe the client needs to be assessed for meds? IT IS NOT SUFFICIENT TO JUST DOCUMENT "IN PROGRESS" IN THE UPDATE SECTION OF THE CSP.

Reminder: The CSP is developed with the participation of the client and/or caregiver, therefore, if the milestones are not met by the dates specified in the CSP, then the primary therapist must review and discuss this with client and/or legal guardian. This process will assist both parties (therapist and client) move in the same direction in treatment.

#### Consumers turning 18 years old

When consumers turn 18 years old clinicians must ensure that all of the documents in the chart, previously signed by the legal guardian, must now be signed by the consumer (e.g., the client service plan, consent for treatment, etc.) this should be done at the next face to face session after the consumer turns 18 years old.