



QRTips

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Critical reminders for Rehabilitation Services

- Rehab Services are an adjunct to psychotherapy and are designed to target specific problematic behaviors, not feelings or emotional states.
- Rehab Services must restore, maintain, and/or teach the client or parent/caregiver new skills that will help reduce the problematic behaviors and impairments.
- Ongoing need for Rehab Services must always be reassessed when the client's 6-Month and Annual Assessments come due, and the corresponding conversation between the rehab worker and primary therapist needs to be suitably documented in the record.
- For clinics using paper charts: On the client's Master Treatment Plan (MTP), the "From Date" must precede the delivery of any Rehab or Case Mgmt Services provided and the Rehab Order should be present in the chart. In order to ensure coordination of care, any changes to diagnosis or the focus of Rehab Services must be communicated and documented in the record. (New Update information)
- Generally speaking, there should not be more than one rehab provider working with the client. If more than one rehab service is actually warranted, then the providers must be working on very different problem behaviors or working in different settings.
- Finally, if Rehab Services are being provided in conjunction with TBS Services, the demonstrated need for both services must again be clearly and unambiguously documented by the primary therapist. The TBS coach and rehab worker may be focusing on different problem behaviors, working with the client in different settings, or the rehab worker may be supporting TBS interventions.