

There's another side to OC Parks. One that encompasses miles of beautiful California coastline. Watch pro surfers and bodyboarders practice and compete at Salt Creek Beach. Or just bring a picnic lunch and enjoy a day with a cool ocean breeze in the warm California sunshine. Don't forget the sunscreen!

OC BEACHES AND COASTAL PARKS AMENITIES.



FUN AS FAR AS THE EYE CAN SEE.

There's almost no end to the fun you can have at the beach, in or out of the water. Swim, surf or snorkel. Bring a football or volleyball. Have a family picnic. Or just go for a walk along the shore and breathe the clean, salt air.



WHAT A CATCH.

Grab your fishing pole and head down to the sand. Perch, halibut and sculpins are among the countless ocean fish you may hook on your line! Fishing is permitted at OC Parks' beaches with a valid license. California Department of Fish and Wildlife rules apply.



ENJOY A PICNIC WITH A VIEW.

Bluff Park and Dana Point Harbor offers grassy areas with picnic tables and shelters overlooking the water.



RANGER'S RECOMMENDATION.

"Go with the flow and respect the ocean. Always swim near lifeguards and never swim alone. Check local tides and currents before entering any beach and follow all warnings."

FINS MAKE IT MORE FUN.

It's a lot easier to body surf or body board when you have a good pair of swim fins. Wading out in the shallow surf is hard when you're wearing fins, so here's a tip to make it easier: walk backwards until you get out deep enough to start swimming.



INTERESTING SEA CREATURES TO SEE.

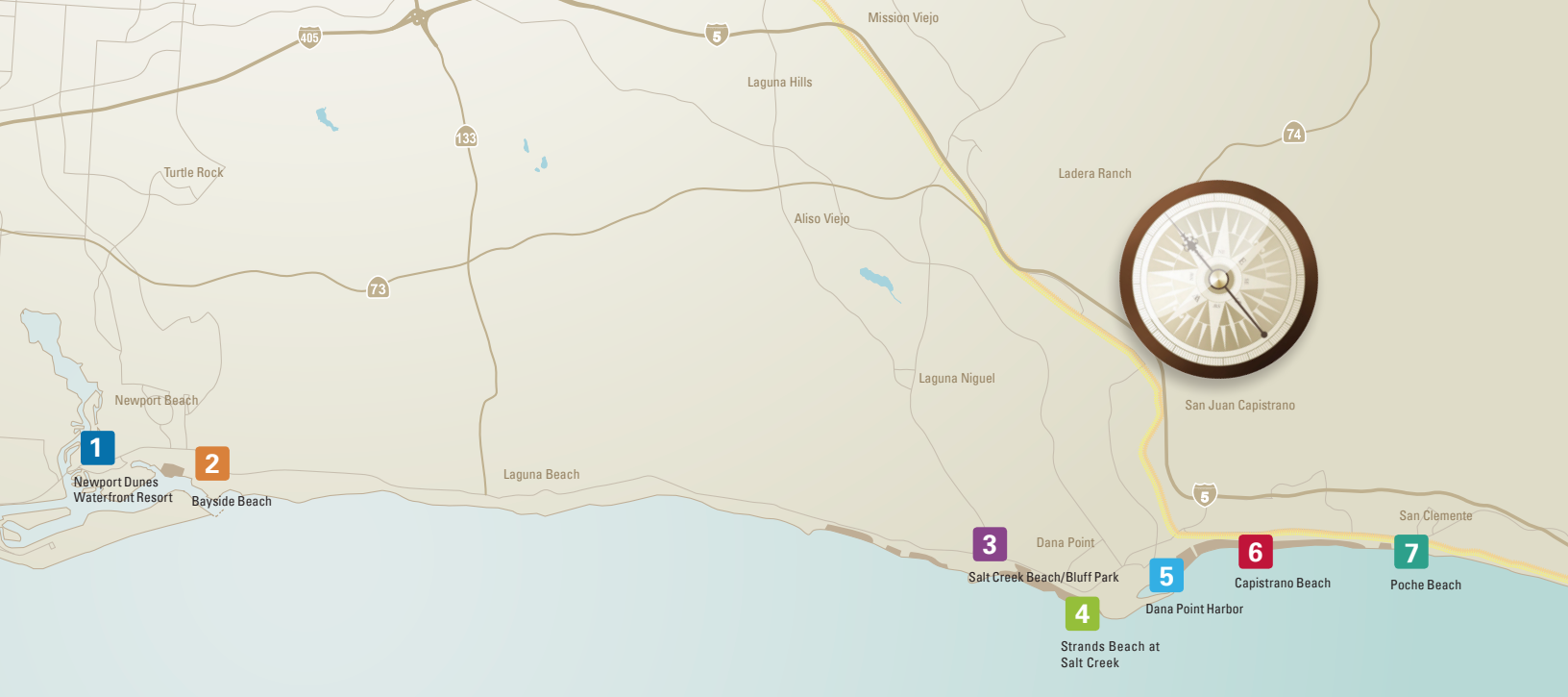
There are plenty of interesting sea creatures to see in the tidepools at some of our beaches, but please don't touch! Many of them are as fragile as they are beautiful.



INVITE EVERYONE.

One of the nice things about the beach is there's plenty of room for everyone. All you need is a towel, blanket or beach chair.





1 Newport Dunes Waterfront Resort

1131 Back Bay Drive
Newport Beach
7:00 a.m. to 10:00 p.m. 949-999-3151

The resort, operated by a County lessee, offers a great quiet-water swimming lagoon.



2 Bayside Beach

1901 Bayside Drive
Newport Beach
6:00 a.m. to 10:00 p.m. 949-923-2250

This small bayfront beach offers quiet water that's perfect for swimming. No lifeguard is on duty, and there is limited parking in the adjacent Harbor Patrol lot.



3 Salt Creek Beach/Bluff Park

33333 S. Pacific Coast Highway
Dana Point
5:00 a.m. to 12:00 a.m. 949-923-2280

Salt Creek is one of Orange County's top surfing beaches. A small, offshore reef creates some of the best left breaks along the entire shoreline. Swimming, body surfing, sunbathing and exploring seasonal tidepools are other activities here. A concessionaire offers food, beverages and beach supplies. Weddings can be held with advance reservations.



4 Strands Beach at Salt Creek

Pacific Coast Highway and Selva Road
Dana Point
5:00 a.m. to 12:00 a.m. 949-923-2280

Enjoy swimming, surfing or looking for seasonal tidepools along Strands Beach at Salt Creek. Restrooms and showers are available along with free parking in the lot off Selva Road.



5 Dana Point Harbor

Pacific Coast Highway and Dana Point Harbor Drive
Dana Point
5:00 a.m. to 12:00 a.m. 949-923-2280

(Adjacent to Dana Point Harbor Drive)

A park with grassy area, picnic tables and barbecues is located across from Baby Beach, a quiet water beach perfect for little swimmers. Special events can be held with advance registration at OC Sailing and Events Center. Please call 949-923-2215 for more information.



6 Capistrano Beach

35005 Beach Road
Dana Point
6:00 a.m. to 10:00 p.m. 949-923-2280

(Approximately 2 miles south of Dana Point Harbor, at Pacific Coast Highway and Beach Road.)

Enjoy swimming, body surfing and fishing at this beach located beneath the Capistrano bluffs.



7 Poche Beach

2798 N. El Camino Real
San Clemente
6:00 a.m. to 10:00 p.m. 949-923-2280

(Corner of Camino Capistrano and Pacific Coast Highway.)

Poche Beach is a small beach along the south county coastline. No restrooms are available, and parking is along Camino Capistrano.